

# We All Need Trees

## Activity 4



### Family and Friends: Things To Do Together

We are exploring nature with our senses of smell and taste. Here are some activities you and your child can do together:

- Cook something together. Talk about where the ingredients come from.
- Open cupboards and just smell things.
- Taste without seeing or smelling. While your child's eyes are closed, pinch your child's nose and offer something to taste. Do the foods taste the same?
- Talk about smells that can warn us of danger such as smoke, natural gas, and rotten food.
- Think about tree spices or fruits your family uses that are unique. Consider sharing your family's recipes or foods with the class.
- Try a new tree food together (e.g., cashew, kiwi, olive, pine nut, pomegranate, star fruit, walnut).



Help build your child's vocabulary by using some of these new words in your conversations:

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We are reading the following books in class. Check them out from your library, and invite your child to share them with you.

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