HEARTWOOD

Arms up, strong muscles.

“We support,

We support.”

SAPWOOD

Join hands in circle. Raise hands up and down. “Gurgle slurp.

Gurgle slurp.

Water to the tree!”

LEAVES

One hand towards center of tree,

one hand in air, fluttering.

“Making food!

Making food!”

PHLOEM

Form circle around tree.

Reach up, grab food, squat and open hands.

“Food to the tree!

Food to the tree!”

 CAMBIUM

Stand in between phloem and sapwood layers.

Sway side to side.

“Cells dividing!

Cells dividing!”

BARK

Lock arms, circle faces out.

March in place, look tough.

“We are bark.

Please keep out!”

ROOTS

Lie down, feet towards sapwood, arms and fingers spread out.

Make sucking noises, or chant:

“Drinking water!

Drinking water!”