

## Fall for Trees

### Things to Do Together

We are exploring autumn and all the changes that happen to trees and plants at this time of the year. Here are some activities you and your child can do together:

- Collect and press one leaf from each tree in your yard, along your street, or in a neighborhood park.
- Pick apples or other tree fruits at an orchard, or visit a farmers' market.
- Eat tree fruits such as apples, oranges, mangoes, and pears.
- Bake an apple pie.
- Read stories about autumn.
- Send pictures of colorful autumn leaves to friends and family who live in places without fall color. If you live in an area with little fall color, ask friends and family to send pictures of leaves to you!

→ **Family, Friends, and Forests:** Talk about which forest trees you like better and why—ones that lose their leaves each year or ones that stay green all year.



Participate in a fall harvest at a neighborhood community garden or orchard. Donate some of the harvest to a local food pantry to help others in need. See [ampleharvest.org](http://ampleharvest.org) to search for food pantries in your area that take garden-fresh food donations.

Help build your child's vocabulary by using some of these new words in your conversations:

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We are reading the following books. Check them out from your library, and invite your child to share them with you.

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